

Making sock puppets...

Using a couple of old or odd socks support your child to be creative and add eyes, ears, nose hair to the sock to create a character. You can use old bits and bobs like string, buttons, bits of paper to jazz it up. When the puppet is finished use it with your child, encourage them to use silly voices, changing the way their voice sounds and thinking about how the puppet would talk. You could extend this to include phonics by asking the puppet to find and say things that begin with a particular sound or asking him to talk in rhyming words and support your child with how to do this.

Speaking and Understanding

Walking round the house today...

What can I see?

I can see a ...

Over there you see

Look at different objects around the house or in the garden. Support your child to think of lots of different words to describe it. They can feel it, look at it and smell it to help them and you can introduce more new language "it's bobbly, it's ridged, it sparkles" to extend their vocabulary. See how many different words you can come up with. You could extend this even further by making collections of the objects and talking about why you have grouped particular things together

Speaking

Mirror Mirror on the wall...

Find a safe place to put a mirror where your child can see it. Look in the mirror together and encourage your child to talk about the different parts of their face and body using lots of different describing words. Ask them about parts that they like and to extend ask them why. You could then compare similarities and differences using comparative language like taller, shortest. Maybe add some different things like hats, scarves to dress up in or even pull faces and then describe what changes

Self-confidence and self esteem

I know you...

Use a ball or screwed up ball of paper. With your child or other family members sit opposite and roll the ball then ask a question "what is your favourite food?" Encourage our child to use lots of describing words.

Then they can roll the ball back and ask you a question... "what's your favourite colour?" This will support their descriptive language and their understanding and use of questions. To extend this you can more the questions on to "tell me about..." to support longer conversations. Afterwards you can talk about what you have found out about each other. You could even do this with a friend via online chatting.

Making Relationships

Why not try some of these learning tasks for this week... to support the following areas of Early Years Learning

Personal, Social and Emotional Development

Communication and Language

Physical Development

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Home help...

There's no better way to exercise than housework! Ask your child to help you with some of the jobs in the house. Think and talk about the different movements that you are making as you do the jobs. E.g. pinching your fingers squeezing the pegs. Stretching to hang up washing, twisting the knobs on the washing machine or bending down to pick up things from the floor. You'll exercise your bodies and have the housework done in no time.

Moving and Handling (fine motor (small movements) and gross motor (big movements))

Happy Box/ feelings box

It is very important to talk about emotions during the current situation. Use an old empty box and begin by talking to your child about 'happy' Talk about what it feels like, how it makes our face look and body react. Collect together to create a box full of things that makes them happy. Photos, toys. Do lots of talking and support your child by telling them the things that make you feel happy too. You could even extend this and make box for other emotions too to support your child to discuss their feelings

Managing Feelings and Behaviour

