

The people in my family

Look at actual or digital photos of family and talk about why they are special, what you like about them and what you will do with them the next time you see them. This way they are always 'Kept in our mind'

Self Confidence and Self Awareness

Why not try some of the learning tasks for this week...to support the following areas of *Early Years Learning*

Personal, Social and Emotional Development

Communication and Language

Physical Development

Don't forget Story time!

'Don't forget to look at new or revisit old favourite stories. Use lots of different voices and point out the rhythm and rhymes or ask your child to act out the story. Why not watch a story on the internet or make up your own story...let their and your imagination run wild...there's no limit to what you can invent!

Understanding

Sing/ speak and send...

If you have a mobile device why not help your child to record a message, sing you're your favourite song or take a photo or video to send to a friend...they could send back to you too,

Making relationships



Super power/ special talent!

Imagine you and your child have a super power or a special talent! What is it? Strength, invisibility, super quiet...? Talk about the power or talent and pretend you have it for the whole day...what will you do? How will you use it?

Speaking

How do you feel today?

Talk about how you and your child are feeling and why? Discuss other feelings (happy, sad, worried, frustrated, and disappointed, cross) and when you may feel like this. See if you can make the expression or draw a face to show how the feeling looks to help your child to discuss their emotions and what to do when they feel a certain way...it may help to talk about what you do too.

Managing feelings and Behaviour

Pointy Fingers!

Ask your child to find things in the house and garden and use different fingers to point to them (Tommy Thumb, peter Pointer, Toby Tall, Ruby Ring and Baby Small) you may even like to sing the song as well. Ask each of your child's fingers to 'make friends' with Tommy Thumb by gently touching him one at a time

Moving and Handling (fine motor/ finger isolation)

Let's talk about today!

After all the changes last week your child may be feeling a little unsettled. Try to prepare them for the day ahead and discuss as you go along...you could use words or even pictures to describe what you will do together and why it is different. Use lots of sequencing words like first, before, next, after, until and remember to remind them that the changes that are in place are to keep us all safe.

Health and Self Care

My Turn...Your Turn

Say "My turn" and then clap/ tap/ stamp a short rhythm (2 – 4 beats) then say "Your turn" and ask your child to copy the same rhythm. Repeat like a game...You can also do this with funny voice or body sounds and body movements or actions or they could make sounds and movements for you to copy

Listening and Attention/ Moving and Handling (coordination)

